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**Briefing of Expression of Interest (“EOI”)  
for Provision of Services to Operate a District  
Health Centre (“DHC”) and a Centre for specific  
elderly wellness services (“EWS”)**

Date: 4 March 2026 (Wednesday)

Time: 4:00 pm - 5:30 pm

# Disclaimer

This PowerPoint is for presentation only. Organizations should refer to the EOI document for full details. If there is any discrepancy between this PowerPoint and the EOI document, the EOI document shall prevail.

# Agenda

1. Background
2. Scope of Services
3. Site Information and Operation Hour
4. Basic Staffing Requirement
5. IT System for Supporting Service Delivery and Data Reporting
6. Cost for Personal Emolument and Other Charges
7. Tentative Procurement and Operation Timeline
8. Introduction of Annex B – Return Form
9. Submission of EOI
10. Q&A

# Background

- To introduce systemic changes to the healthcare system by shifting its focus to **prevention-oriented, community-based Primary Healthcare (PHC) system**



Primary Healthcare Blueprint



The CE's Policy Address

- In the 2024 and 2025 Policy Address, the Chief Executive put forward the initiatives of **integrating the services of DH's Elderly Health Centres (EHCs) into the district health network in phases**
- At present, the DH delivers elderly health services such as health assessment, curative treatment and health education activities to eligible persons aged 65 or above through 18 EHCs

# Scope of Services

1. The Operator is required to **operate a DHC; and**

2. to **operate a Centre to provide specific EWS :**

- A. Standard Elderly Health Assessment and Intervention Services (Mandatory)
- B. Value-added Specific EWS (e.g. under multi-disciplinary approach, with in-house doctor and allied health services, complemented by other purchased services, e.g. Chinese Medicine Practitioners and technology adoption)
- C. Other EWS to be proposed by potential bidder

*^Remark: Details of the operation and resource requirement for the operation of the DHC is not required to be included in this EOI exercise.*

# Scope of Services

## (A) Elderly Wellness Assessment and Intervention Services

Services	Details of Services	Required Case Volume per annum	Manpower	To be proposed
Elderly-specific assessment	To identify clients' functional decline risks on mobility, nutrition, cognition, psychological capacity, vision, hearing, and urinary condition	At least 4 000 headcounts	<ul style="list-style-type: none"> <li>• 1 FTE Doctor</li> <li>• 1 Registered nurse-in-charge</li> <li>• ___ Registered Nurse(s)</li> <li>• 1 Physiotherapist</li> <li>• 1 Occupational Therapist</li> <li>• 1 Dietitian</li> <li>• 0.5 FTE Clinical Psychologist</li> <li>• 2 Wellbeing Practitioners</li> <li>• 1 Social Worker</li> </ul>	<ul style="list-style-type: none"> <li>• No. of RN</li> <li>• PE cost</li> <li>• F&amp;E requirement and cost</li> </ul>
Multidisciplinary interventions	To provide interventions on cognitive training, stress management, diet, mobility, muscle strength, and bone health, pain programme, fall prevention programme, exercise prescription, visual and hearing protection, continence health, and self-care			
Preventive and curative services	To provide vaccination, wound care and medication management			
Doctor consultation and referral	To provide doctor consultation with management including referral to relevant specialists and allied health professionals according to diagnosis and clinical needs			

# Scope of Services

## (B) Value-added Specific Elderly Wellness Services

Elderly-specific Conditions	Details of Services	To be proposed
1. Urinary Problem	Contenance care, including but not limited to: <ul style="list-style-type: none"> <li>• Urodynamic study</li> <li>• Bladder scan</li> <li>• Pelvic Floor Therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Provision of service</li> <li>• Case volume</li> <li>• Manpower requirement and PE cost</li> <li>• F&amp;E requirement and cost</li> </ul>
2. Mobility & Nutrition	Sports injury prevention with exercise & nutrition services, including but not limited to: <ul style="list-style-type: none"> <li>• Sarcopenia training and prevention</li> <li>• Pain and weight management intervention</li> </ul>	
3. Vision & Hearing	Sensory assessment, driving assessment and training, including but not limited to: <ul style="list-style-type: none"> <li>• Technology adoption assessments e.g. Optical Coherence Tomography, Pure-tone Audiogram, Virtual Reality Simulators</li> </ul>	
4. Cognitive & Psychological Capacity	Cognitive training and mental health, including but not limited to: <ul style="list-style-type: none"> <li>• Counselling / intervention by clinical psychologist</li> <li>• Virtual reality memory training by occupational therapist</li> </ul>	
5. Chinese Medicine Services	Chinese Medicine Services for any one of the services above (i.e. items 1-4) with onsite or purchased services through engagement with service providers in the District Health Network	

# Scope of Services

## (C) Other Elderly Wellness Services Proposed by Potential Bidder

Elderly-specific Conditions	Details of Services	To be proposed
		<ul style="list-style-type: none"><li>• Provision of service</li><li>• Case volume</li><li>• Manpower requirement and PE cost</li><li>• F&amp;E requirement and cost</li></ul>

# Site Information and Operation Hour

## Location

- Sham Shui Po District

## Size

- Gross Floor Area: ~500 m<sup>2</sup>

## Operation Hour:

- Weekdays: at least 8 hours per day from 8:30am
- Saturday: at least 4 hours from 8:30am

# Basic Staffing Requirement

Core Team	No. of Post	Minimum Qualification and Experience
Doctor(s)	1 full-time equivalent (FTE)* (can include part-time, sessional, locum basis)	<ul style="list-style-type: none"> <li>(i) a qualification registrable in Hong Kong under the Medical Registration Ordinance; and</li> <li>(ii) a Fellow of the Hong Kong Academy of Medicine who is registered in the Specialist Register in any one of the relevant specialties (<a href="#">Family Medicine</a>, <a href="#">Internal Medicine</a>) of the Medical Council of Hong Kong or a Fellow of the Hong Kong College of Family Physicians or Fellow of the Hong Kong College of Physicians or possess the Diploma in Family Medicine issued by the Hong Kong College of Family Physicians; and</li> <li>(iii) enlisted under the sub-directory of Doctors in the Primary Care Directory (PCD);</li> <li>(iv) with <a href="#">at least two aggregate years of experience</a> in clinical services in primary healthcare setting or other similar settings considered relevant by the Government</li> </ul>

\* One or more staff may be proposed for the one post of FTE

# Basic Staffing Requirement

Core Team	No. of Post	Minimum Qualification and Experience
Registered nurse-in-charge	1	<ul style="list-style-type: none"> <li>(i) Part I or Part II Registration with the Nursing Council of Hong Kong; and</li> <li>(ii) possess the Certificate of Post-Registration Certification Course in <a href="#">Gerontological Nursing</a> <u>or</u> is a fellow member of The Hong Kong College of Gerontology Nursing <u>or</u> obtained relevant training for the provision of primary healthcare services for elderly considered relevant by the Government;</li> <li>(iii) with <a href="#">at least five aggregate years of experience</a> in nursing practice as a registered nurse with Part I or Part II Registration with the Nursing Council of Hong Kong, of which <a href="#">at least three aggregate years earned in supervising the operation of a clinic or similar type of facility in non-public sector or other similar settings</a> considered relevant by the Government, e.g. non-governmental organisations or private healthcare sector</li> </ul>

# Basic Staffing Requirement

Core Team	No. of Post	Minimum Qualification and Experience
Registered nurse(s)	—	Part I or Part II Registration with the Nursing Council of Hong Kong
Physiotherapist	1	<ul style="list-style-type: none"> <li>(i) Part Ia Registration with the Physiotherapist Board; and</li> <li>(ii) enlisted under the sub-directory of Physiotherapist in the PCD; and</li> <li>(iii) with <b>at least five aggregate years of patient care</b> related practice in physiotherapy</li> </ul>
Occupational Therapist	1	<ul style="list-style-type: none"> <li>(i) Part I Registration with the Occupational Therapist Board; and</li> <li>(ii) enlisted under the sub-directory of Occupational Therapist in the PCD; and</li> <li>(iii) with <b>at least five aggregate years of patient care</b> related practice in occupational therapy</li> </ul>

# Basic Staffing Requirement

Core Team	No. of Post	Minimum Qualification and Experience
Dietitian	1	<ul style="list-style-type: none"><li>(i) Post-graduate diploma in dietetics <u>or</u> a bachelor of science degree in dietetics, inclusive of an internship, or equivalent; and</li><li>(ii) on the list of Hong Kong Academy of Accredited Dietitians;</li><li>(iii) with <b>at least five aggregate years of patient care</b> related practice in dietetic services</li></ul>
Clinical Psychologist	0.5 FTE	<ul style="list-style-type: none"><li>(i) A Master's or Doctoral degree in Clinical Psychology from a local university, or equivalent;</li><li>(ii) with <b>at least two aggregate years of patient care</b> related practice in clinical psychology services as a clinical psychologist</li></ul>

# Basic Staffing Requirement

Core Team	No. of Post	Minimum Qualification and Experience
Wellbeing Practitioner(s)	2	<ul style="list-style-type: none"><li>(i) Bachelor's or Master's degree in mental health or health-related study (e.g., psychology, social work, counselling, public health etc.); and</li><li>(ii) Received <b>120 hours of systematic training</b> in emotional assessment and low-intensity psychological therapy provided by the local universities or NGOs</li></ul>
Social Worker	1	<ul style="list-style-type: none"><li>(i) Registration with the Social Workers Registration Board;</li><li>(ii) with <b>at least five aggregate years of practice</b> in social or medical service upon assumption of duty</li></ul>

# IT System for Supporting Service Delivery and Data Reporting

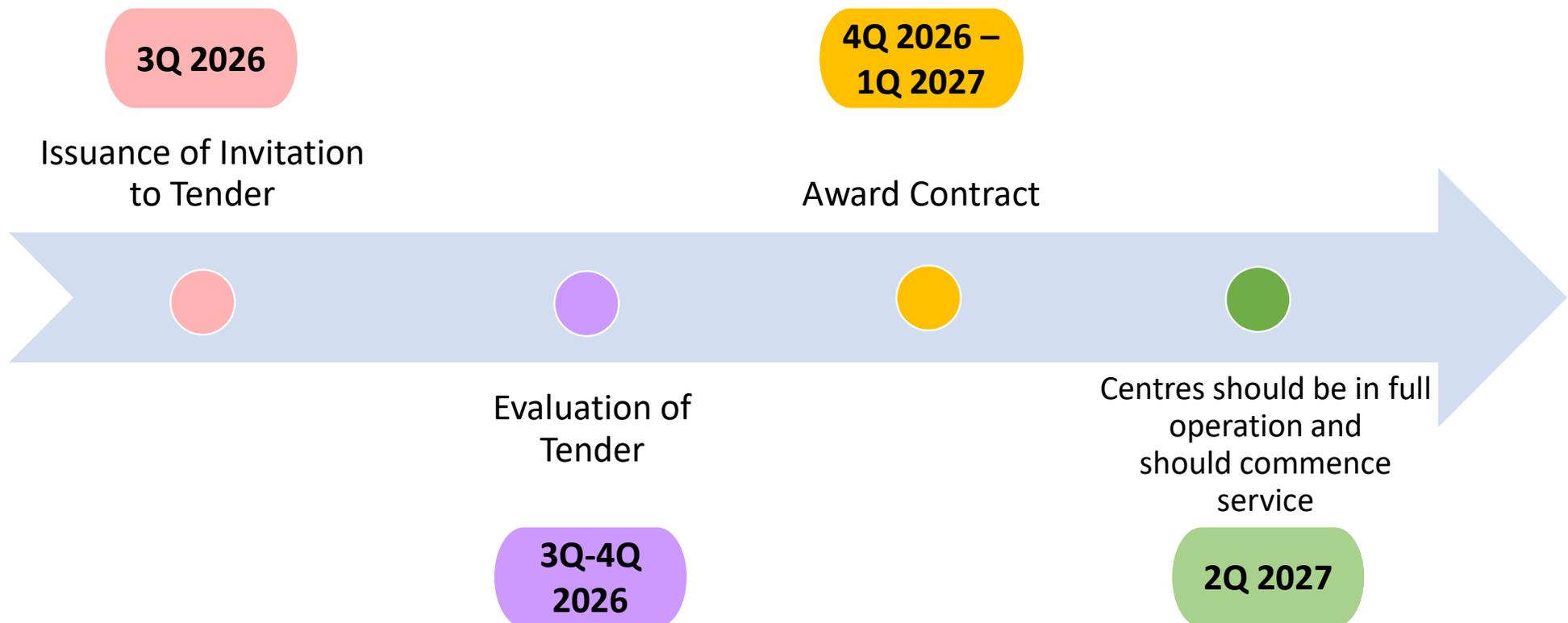
- **Any existing IT system, owned by your organisation / any intention to develop,** to support the service delivery and data reporting?
  - Is the existing IT system, owned by your organisation, capable to interface with other IT systems for data exchange?
  - Estimated **lead time for developing** the proposed IT system
- **What data that are being captured** by the existing IT system / **proposed to be captured** by the IT system: (e.g. client profile, attendance record, assessment result, etc.)
- **Details of the functions** of the existing IT system / proposed to be included in the IT system: (e.g. data management, data analysis, taking attendances, issuing reminders, generating reports and referral letters, etc.)

# Cost for Personal Emolument and Other Charges

		A. Elderly Wellness Assessment and Intervention Services	B. Value-added Specific Elderly Wellness Services	C. Other proposed Elderly Wellness Services	Total Cost per annum (\$HK)
<b>Personal Emolument</b> Cost per annum (\$HK)					
<b>Other Charges*</b> per annum (\$HK)	• F&E				
	• Development and maintenance cost of IT system				
	• Renovation cost (~500m <sup>2</sup> )				
	• Other costs				

*\*Other charges may include: utilities, administrative expenses (including IT system), stores and equipment, renovation, repair and maintenance, programme expenses, publicities, transportation and travelling, insurance, miscellaneous.*

# Tentative Procurement and Operation Timeline



# Introduction of Annex B – Return Form

Item	Content
Schedule 1	<b>Background and Experience</b> <ul style="list-style-type: none"> <li>• Organisation structure</li> <li>• Experience and expertise in providing elderly wellness services in primary healthcare setting</li> </ul>
Schedule 2	<b>Scope of Services</b> <ul style="list-style-type: none"> <li>• Operation of a District Health Centre and a Centre for specific elderly wellness services</li> <li>• Elderly wellness assessment and intervention services</li> <li>• Other specific elderly wellness services</li> <li>• Additional elderly wellness services</li> <li>• Proposed operation hour</li> </ul>
Schedule 3	<b>Team Structure and Expertise</b> <ul style="list-style-type: none"> <li>• Proposed Operation Plan and Team Structure to Operate a Centre for specific elderly wellness services</li> <li>• Proposed Manpower of Core Team of Healthcare Professionals</li> <li>• Proposed Manpower – Other Team Members (Admin and other staff)</li> </ul>
Schedule 4	<b>Cost and IT System</b> <ul style="list-style-type: none"> <li>• Cost for Personal Emolument and Other Charges</li> <li>• IT System for Supporting Service Delivery and Data Reporting (existing IT system / system enhancement / new IT system)</li> </ul>
Schedule 5	<b>Other Relevant Information</b>

# Submission of EOI

Item	Submission Method	Deadline
Reply Slip	<b><u>Subject title:</u></b> “Expression of Interest for the Provision of Services to Operate a District Health Centre and a Centre for specific elderly wellness services”  <b><u>By email:</u></b> <a href="mailto:dhceoi@healthbureau.gov.hk">dhceoi@healthbureau.gov.hk</a>	No later than <b>12:00 noon on 20 March 2026 (Friday)</b>
Annex B - Return Form (Schedule 1 – 5)		
Supporting Documents (if any)		

**For Enquiry:**

Ms. Karen LO / Executive Officer I (Procurement)2

Tel: 3426 3075

Email: [dhceoi@healthbureau.gov.hk](mailto:dhceoi@healthbureau.gov.hk)

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# Q&A

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**Thank You**