

**Invitation to Expression of Interest
for the Provision of Services to Operate a District Health Centre and
Outreach Service for Secondary School Student Wellness**

Outline brief

1. Purpose

- 1.1. The purpose of this invitation for expression of interest (“EOI”) exercise is to invite market feedback, on a non-committal basis, for the Provision of Services to Operate a District Health Centre (“DHC”), at a site in Wan Chai District to be provided by the Government, and Outreach Service for Secondary School Student Wellness under a non-profit making funding model. Interested organisations are invited to respond to this invitation.

2. Background

- 2.1. The Health Bureau (“HHB”) released the Primary Healthcare Blueprint (“the Blueprint”) in December 2022 to introduce systemic changes to the healthcare system by shifting its focus to prevention-oriented, community-based Primary Healthcare (“PHC”) system. The Blueprint outlined a series of reform initiatives aimed at strengthening the PHC system in Hong Kong. One of the key recommendations is to integrate the PHC services under the Department of Health (“DH”) into the district-based community healthcare system with a view to improving service continuity, reducing service duplication and enhancing resource efficiencies.
- 2.2. Taking into account the level of synergy and impact of service transition, a phase by phase approach is adopted for the service integration. The PHC Commission has integrated the women’s health services under the DH into the district health network with establishment of three Women Wellness Satellites since 2025, and is preparing for the phased integration of the services of DH’s Elderly Health Centres.
- 2.3. Subsequently, the PHC Commission is exploring the introduction of multi-disciplinary outreach service for the wellness of secondary school students, including physical fitness and weight management, sports health and skin health, with the adoption of technology as far as practicable.

3. Outreach Service for Secondary School Student Wellness

- 3.1. Organisations are invited to provide mandatory outreach service to secondary day school students studying in Wan Chai District and / or nearby districts, complemented by other purchased services and technology adoption, including but not limited to:
- a) conducting growth and development assessment and preventive care including but not limited to height and weight measurement, Body Mass Index (“BMI”) calculation, visual acuity test, self-administered health assessment through electronic questionnaire that assesses physical activity level, screen time, nutrition, habit of smoking and alcohol consumption, psychological health, etc.;
 - b) providing assessment and health promotion on sports health and weight management including but not limited to comprehensive and sports medicine clinical assessment such as blood pressure, body fat composition, urine analysis, electrocardiogram for heart activity and potential conditions such as arrhythmia, ventricular hypertrophy and cardiomyopathy, musculoskeletal assessment to review flexibility and mobility of muscles and joints, technology-based pain and injury assessment and management such as Artificial Intelligence (AI)-driven medical imaging analysis, injury prediction and injury prevention during sports such as warm up, cool down and stretch activities, strength test to review muscle strength and endurance, AI motion detection and analysis, AI posture management, AI talent identification and scouting, and personalised plan and recommendation for weight management on meal planning, fitness goals setting and healthy habit; and
 - c) providing health promotion and counselling including but not limited to advice on vaccination, such as yearly Seasonal Influenza Vaccination and mop-up vaccinations aligned with the Hong Kong Childhood Immunisation Programme where applicable, fitness and muscle strength through healthy eating and active living, healthy screen habits, dental, oral and skin health through tobacco-free, alcohol-free, and drug-free lifestyles, positive psychology and stress management, understanding of age-appropriate information and counselling on sexual health and guidance on contact lens care.
- 3.2. It is expected that the Operator would provide or develop an information technology (“IT”) system for capturing necessary data for the Government to monitor service delivery and conduct analysis. The system shall be capable for interfacing with other IT systems, e.g. conduct data exchange with the Government’s eHealth system.
- 3.3. Organisations are invited to provide mandatory outreach service to secondary day school students studying in Wan Chai District and / or nearby districts, complemented by technology adoption, including but not limited to the above scopes, with a minimum capacity of serving at least 6 000 headcounts per year.

- 3.4. In addition, Organisations are invited to provide other specific outreach service to secondary day school students under multi-disciplinary approach, including but not limited to:
- a) adopting technology to complement the outreach service to be provided and support data reporting; and
 - b) providing assessment for secondary school student wellness performed by multi-disciplinary as value-added services e.g. skin health, other risk-based assessment, etc.

4. DHC Services

- 4.1. The Government is committed to enhancing district-based PHC services by setting up full-fledge DHCs throughout the territory progressively. DHCs are operated by non-government entities through Government funding.
- 4.2. In addition to the outreach service for secondary school student wellness, the Operator may be required to operate a DHC. DHC Scheme is a service network developed through partnership with local organisations and healthcare personnel in the district to enhance service accessibility. With the repositioning of the DHC Scheme as mentioned in the Blueprint, DHCs will be further developed to provide district-based family-centric community health service.
- 4.3. Details of the operation and resource requirement for the operation of the DHC is not required to be included in this EOI exercise.

5. Core team staffing requirement

- 5.1. The core team to provide the outreach service for secondary school student wellness shall include:
- a) 0.5 full-time equivalent (FTE) doctor(s)¹ with a qualification registrable in Hong Kong under the Medical Registration Ordinance; and a Fellow of the Hong Kong Academy of Medicine who is registered in the Specialist Register in any one of the relevant specialties (Family Medicine or Paediatrics or Orthopaedics and Traumatology) of the Medical Council of Hong Kong or a Fellow of the Hong Kong College of Family Physicians or Fellow of the Hong Kong College of Paediatrics or Fellow of the Hong Kong College of Orthopaedic Surgeons; and preferably with quotable qualification(s) in Sports Medicine approved by the Medical Council of Hong Kong as included in the List of Quotable Qualifications; and enlisted under the sub-directory of Doctors in the Primary Care Directory (PCD), with at least two aggregate years of experience in clinical services in primary healthcare setting or other

¹ One or more doctors may be proposed for the post of 0.5 FTE doctor(s).

similar settings considered relevant by the Government; and

- b) A Registered nurse-in-charge with Part I or Part II Registration with the Nursing Council of Hong Kong who must possess the Certificate of Post-Registration Certification Course in Child and Adolescent Nursing / Paediatric Specialty Nursing or is a fellow member of The Hong Kong College of Paediatric Nursing or obtained relevant training for the provision of primary healthcare services for child health/ Paediatrics considered relevant by the Government; and at least five aggregate years of experience in nursing practice as a registered nurse with Part I or Part II Registration with the Nursing Council of Hong Kong, of which at least three aggregate years earned in supervising the operation of a clinic or similar type of facility in non-public sector or other similar settings considered relevant by the Government, e.g. non-governmental organisations or private healthcare sector;
- c) A Physiotherapist with Part Ia Registration with the Physiotherapist Board; and specialised post-graduate training in sports science and injury prevention programmes or obtained relevant training considered relevant by the Government; and enlisted under the sub-directory of Physiotherapist in the PCD, with at least five aggregate years of patient care related practice in physiotherapy;
- d) A Dietitian with post-graduate diploma in dietetics or a bachelor of science degree in dietetics, inclusive of an internship, or equivalent; and on the list of Hong Kong Academy of Accredited Dietitians, with at least five aggregate years of patient care related practice in dietetic services; and
- e) A System Analyst with post-graduate qualification in Information Technology, Computer Science, artificial intelligence (“AI”) or relevant disciplines, with at least five aggregate years of experience in information technology and AI adoption.

6. Tentative procurement timeline

- 6.1. Following this EOI exercise, the tentative procurement schedule will be as follows:
- Issuance of Invitation to Tender: 3Q – 4Q 2026
 - Award of Contract: 4Q 2026 – 1Q 2027

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