

S Table 1. Adverse Effects of Smoking on Women's Health across Life Stages

Life Stage(s)	Adverse Health Effects	Relative Risks (RR) (95%C.I)	Level of Evidence
All	<u>Cigarette:</u> Cancer ♦ Lung Cancer ♦ Oral Cavity Cancer ♦ Cervical Cancer@ ♦ Esophageal Cancer ♦ Bladder Cancer ♦ Breast Cancer@ ♦ Colon and Rectum Cancer Cardiovascular ♦ Coronary heart disease ♦ Stroke Respiratory ♦ Chronic Obstructive Pulmonary Disease <u>e-Cigarette:</u> ♦ Myocardial infarction ♦ Periodontal disease ♦ Cracked/broken teeth <u>Waterpipe:</u> ♦ Lung Cancer ♦ Esophageal Cancer ♦ Head and neck cancer ♦ Gastric cancer	5.11 (1.84 – 14.99) 3.43 (2.37 – 4.94) 2.37 (1.23 – 4.79) 1.96 (1.20 – 3.32) 1.90 (1.31 – 2.81) 1.17 (1.04 – 1.31) 1.19 (0.97 – 1.46) 3.12 (2.15 – 4.52) 2.09 (1.51 – 2.89) 3.17 (1.60 – 6.55) OR = 1.33 (1.14 – 1.56) OR = 2.34 (1.52 – 3.59) aOR = 1.65 (1.19 – 2.27) OR = 4.58 (2.61 – 8.03) OR = 3.63 (1.39 – 9.44) OR = 0.55 (0.24 – 1.27) OR = 2.35 (1.11 – 5.01)	2++^{22, 23} 2+²⁴ 2++²⁵ 2++²⁵ 2++²⁶
Reproductive years	♦ Infertility	1.85 (1.08 – 3.14)	2++ ²⁷
Pregnancy	♦ Low birth weight ♦ Preterm birth ♦ Small size for gestational age ♦ Ectopic pregnancy ♦ Miscarriage	1.89 (1.8 – 1.98) 1.08 (1.02 – 1.15) 2.15 (2.07 – 2.23) Pooled OR = 1.77 (1.31 – 2.22) Summary RR = 1.32 (1.21 – 1.44)	2++²⁸ 2++²⁹ 2+³⁰ 2++³¹
Menopause	♦ Premature menopause ♦ Early menopause	2.05 (1.73 – 2.44) 1.80 (1.66 – 1.95)	2+ ³²

@ Adverse Health Effects Specific for Women

RR = Relative Risk; OR= Odd Ratio; aOR = Adjusted Odd Ratio